

Frankfurt (Oder) - 14.03.2026

## Auswertung der Parklauf-Serie (Ziegenwerder) – ca. 5,2 km

| Platz | Team | Pl<br>w | Pl<br>m | Name,Vorname          | Team                   | Geb.Jahr | AK | Endzeit |
|-------|------|---------|---------|-----------------------|------------------------|----------|----|---------|
| 1     | 25   |         | 1       | Stoianov, Iwan        |                        | 1998     | 1  | 0:18:46 |
| 2     | 24   |         | 2       | Kozanecki, Przemyslaw | Wybiegac Marzenia Team | 1993     | 1  | 0:19:02 |
| 3     | 23   |         | 3       | Freudenberg, Andreas  | Deichbiber             | 1979     | 1  | 0:20:29 |
| 4     | 22   |         | 4       | Chawawko, Tomasz      |                        | 1974     | 1  | 0:20:41 |
| 5     | 21   |         | 5       | Sabin, Rolf           | Erdinger Alkoholfrei   | 1984     | 2  | 0:20:57 |
| 6     | 20   |         | 6       | Kowalski, Lukasz      |                        | 1983     | 3  | 0:21:18 |
| 7     | 19   |         | 7       | Rosenfeld, Ben        | FIT FOR RUN            | 2015     | 1  | 0:21:57 |
| 8     | 18   |         | 8       | Meißner, Arne         | Blue Fangs             | 1996     | 2  | 0:22:07 |
| 9     | 17   |         | 9       | Schröder, Tony        |                        | 1986     | 4  | 0:22:18 |
| 10    | 16   |         | 10      | Pfänder, Enrico       | 1.Laufmausi SC         | 1990     | 3  | 0:22:30 |
| 11    | 15   |         | 11      | Polczynski, Norbert   | PRev Frankfurt (O)     | 1993     | 4  | 0:22:39 |
| 12    | 14   |         | 12      | Rose, Philipp         | Flinke Füße            | 2014     | 2  | 0:23:03 |
| 13    | 13   |         | 13      | Wilschke, Julian      | FC Union Frankfurt     | 2008     | 3  | 0:23:19 |
| 14    | 12   |         | 14      | Münnich, Sebastian    | MSV Tripoint Frankfurt | 1978     | 5  | 0:23:24 |
| 15    | 11   |         | 15      | Rosenfeld, Mike       | FIT FOR RUN            | 1979     | 6  | 0:23:54 |
| 16    | 10   |         | 16      | Niemsch, Dennis       | Fenster-Welten GmbH    | 1987     | 5  | 0:24:24 |
| 17    | 9    |         | 17      | Gluth, Krzysztof      | FIT FOR RUN            | 1987     | 6  | 0:24:35 |
| 18    | 8    |         | 18      | Pötsch, Michael       | MSV Tripoint Frankfurt | 1965     | 1  | 0:24:46 |
| 19    | 25   | 1       |         | Hobe, Nicole          | LG Thätner             | 1979     | 1  | 0:24:48 |
| 20    | 7    |         | 19      | Jaschner, Felix       |                        | 1993     | 7  | 0:24:50 |

|    |    |    |    |                       |                           |      |    |         |
|----|----|----|----|-----------------------|---------------------------|------|----|---------|
| 21 | 6  |    | 20 | Kulikowski, Edward    | Slubicka Akademia Biegowa | 1962 | 2  | 0:25:14 |
| 22 | 5  |    | 21 | Freudenberg, Jakob    |                           | 2013 | 4  | 0:25:16 |
| 23 | 24 | 2  |    | Konopka, Malgorzata   |                           | 1984 | 2  | 0:25:23 |
| 24 | 4  |    | 22 | Nowak, Sascha         | FIT FOR RUN               | 1986 | 7  | 0:25:27 |
| 25 | 3  |    | 23 | Ruge, Joachim         |                           | 1955 | 3  | 0:25:41 |
| 26 | 23 | 3  |    | Karalus, Patrycja     |                           | 1990 | 1  | 0:26:04 |
| 27 | 2  |    | 24 | Fähnrich, Torsten     | Bohlig Lauf-Team          | 1984 | 8  | 0:26:10 |
| 28 | 1  |    | 25 | Thätner, Peter        | Bohlig Lauf-Team          | 1960 | 4  | 0:26:11 |
| 29 | 22 | 4  |    | Zeuge, Sophia         |                           | 1989 | 2  | 0:26:50 |
| 30 | 21 | 5  |    | Rathsack, Kristina    |                           | 1980 | 3  | 0:26:56 |
| 31 |    |    | 26 | Rose, Marcus          | Flinke Füße               | 1987 | 8  | 0:27:11 |
| 32 |    |    | 27 | Bertel, Rene          | Flinke Füße               | 1976 | 2  | 0:27:12 |
| 33 | 20 | 6  |    | Wojtowicz, Katarzyna  |                           | 2000 | 1  | 0:27:32 |
| 34 |    |    | 28 | Wilschke, Jan         | FC Union Frankfurt        | 1978 | 9  | 0:27:37 |
| 35 |    |    | 29 | Nowak, Antoni         | EL-KIBA                   | 1998 | 2  | 0:28:13 |
| 36 |    |    | 30 | Siegel, Roy           |                           | 1996 | 9  | 0:28:33 |
| 37 |    |    | 31 | Ciecwierz, Natan      | FC Union Frankfurt        | 2014 | 5  | 0:28:44 |
| 38 |    |    | 32 | Pötsch, Eric          |                           | 2004 | 3  | 0:29:09 |
| 39 | 19 | 7  |    | Ciepiela, Malgorzata  |                           | 1993 | 3  | 0:29:09 |
| 40 | 18 | 8  |    | Pötsch, Kirsten       |                           | 1975 | 1  | 0:29:21 |
| 41 |    |    | 33 | Cebulla, Thomas       |                           | 1986 | 10 | 0:29:54 |
| 42 |    |    | 34 | Ciecwierz, Przemyslaw | FC Union Frankfurt        | 1981 | 11 | 0:29:55 |
| 43 | 17 | 9  |    | Werner, Katja         | FIT FOR RUN               | 1977 | 4  | 0:29:58 |
| 44 |    |    | 35 | Schmid, Christoph     | MOZ                       | 1962 | 5  | 0:30:05 |
| 45 | 16 | 10 |    | Pfeiffer, Jolanda     | 1.Laufmausi SC            | 1995 | 4  | 0:30:34 |
| 46 |    |    | 36 | Klose, Ricardo        | Blue Fangs                | 2007 | 6  | 0:31:28 |
| 47 |    |    | 37 | Rehfeld, Robert       | Blue Fangs                | 2006 | 4  | 0:31:29 |
| 48 | 15 | 11 |    | Kalwasinski, Johanna  |                           | 2017 |    | 0:32:07 |
| 49 |    |    | 38 | Scholz, Sebastian     | FC Union Frankfurt        | 1983 | 12 | 0:32:20 |
| 50 |    |    | 39 | Jäkel, Tim            | Blue Fangs                | 2006 | 5  | 0:33:31 |
| 51 |    |    | 40 | Kluge, Norbert        | Bohlig Lauf-Team          | 1950 | 6  | 0:33:38 |
| 52 | 14 | 12 |    | Wolff, Mady           | FIT FOR RUN               | 1971 | 2  | 0:33:39 |

|    |    |    |    |                       |                    |      |    |         |
|----|----|----|----|-----------------------|--------------------|------|----|---------|
| 53 |    |    | 41 | Fraschke, Mirko       |                    | 1981 | 13 | 0:34:16 |
| 54 |    |    | 42 | Bischoff, Carl        |                    | 2012 | 7  | 0:34:45 |
| 55 |    |    | 43 | Wilschke, Marlon      | FC Union Frankfurt | 2013 | 8  | 0:38:09 |
| 56 |    |    | 44 | Kunze, Bela           | FC Union Frankfurt | 2013 | 9  | 0:38:11 |
| 57 |    |    | 45 | Buchholz, Tim         | FC Union Frankfurt | 2013 | 10 | 0:38:49 |
| 58 |    |    | 46 | Alnajem Munaer Zayndi | FC Union Frankfurt | 2016 | 11 | 0:39:02 |
| 59 | 13 | 13 |    | Herberger, Ninette    |                    | 1984 | 5  | 0:41:45 |
| 60 |    |    | 47 | Hosseini, Rahman      | FC Union Frankfurt | 2013 | 12 | 0:41:49 |
|    |    |    |    | Sultan, Haitham       | FC Union Frankfurt | 2014 |    | DNF     |
|    |    |    |    | Alnajem, Ali          | FC Union Frankfurt | 2013 |    | DNF     |
|    |    |    |    | Hahnert, Benedict     | FC Union Frankfurt | 2014 |    | DNF     |